



Jeffrey Martin Aron

March 20, 1942 - February 7, 2023

Dr. Jeffrey Martin Aron, a resident of Novato, passed away on Tuesday, February 7, 2023. Born on March 20, 1942, to Esther and Albert Aron in Los Angeles, he graduated from Van Nuys High School and attended the University of California, Los Angeles, majoring in Zoology, before receiving his Medical

Degree from the California College of Medicine (now University of California, Irvine).

Jeff practiced Gastroenterology in the Bay Area and Northern California for over 48 years, before his retirement in 2021. He served his internship and residency in Internal Medicine at UCSF/Mount Zion followed by a Fellowship at Tufts Medical Center, in Boston. Jeff returned to San Francisco to spend the majority of his career in private practice and also served as the Head of Gastrointestinal Medicine at Mount Zion Hospital (now UCSF/Mt. Zion). Jeff served on the board of the Northern California Chapter of the Crohn's and Colitis Foundation and received their "Premier Physician" Award in 2003. At the end of his career, Jeff worked as an attending physician of the Gastroenterology Department at St. Joseph's Hospital in Eureka, California.

Jeff was a loving husband and father, who loved taking his family on vacations, trying out new foods and learning new topics – he always had an adventurous mind. He loved nothing more than coming home to spending time with his wife, best friend, and soulmate, Harriette, where they would talk and enjoy a wonderful meal. Jeff loved going on drives with Harriette to the wine country or into the city, listening to music and discovering a new restaurant. Jeff was a voracious reader, an avid runner and a huge sports fan, who loved rooting on his beloved UCLA Bruins, SF Giants, A's and 49ers.

Jeff had a similar passion for treating his patients with dignity and compassion. He was known for spending significant time to understand his patients needs and health habits so that he could better treat them. He regularly appeared on the Ronn Owens radio show as a medical expert to help educate Bay Area residents on health topics. He advocated for continuously improving the quality and standards of gastroenterology work in the Bay Area, helping establish the dedicated colonoscopy center for UCSF and leaves behind a legacy of wonderful doctors and medical professionals whom he trained.

We will miss Jeff's smile, unique sense of humor and eternal optimism.

Jeff is survived by his wife, Harriette, of over 52 years; son Zachary and daughter-in-law Christi Fields; grandson Weston Godfrey; two sisters-in-law; two brothers-in-law; two nieces; two nephews; and three grand-nieces.

In lieu of flowers, please send donations to the Northern California chapter of the Crohn's and Colitis Foundation.